

Boundary Communities Vital Signs 2019

Welcome to our 2019 Boundary Communities Vital Signs

There are 59 questions in the survey and will take approximately 10 - 12 minutes to complete. On behalf of the Phoenix Foundation, we sincerely hope that you will complete the survey.

The data that is collected will shape what is important to you as a resident of the Boundary. All responses are anonymous and will be confidential. No personal information will be kept.

Vital Signs is a national program coordinated by Community Foundations of Canada and led locally by the Phoenix Foundation of the Boundary Communities.

Vital Signs uses local knowledge to measure the vitality of our communities and support action towards improving our quality of life.

The results of this survey, together with additional data will be published in the 2019 Vital Signs report.

Thank you for lending your voice to your community!

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Work and Earnings

Please tell us a bit about your employment. All responses will be confidential.

1. Which answer best fits your employment status?

- | | |
|--|--|
| <input type="radio"/> Community Volunteer/Mentor | <input type="radio"/> Retired |
| <input type="radio"/> Full-time parent or caregiver | <input type="radio"/> Seeking employment |
| <input type="radio"/> Not working by choice | <input type="radio"/> Student |
| <input type="radio"/> Receiving social assistance or other allowance | <input type="radio"/> Working/employed |
| <input type="radio"/> Other (please specify) | |

2. In which community do you work? Select all that apply.

- Christina Lake
- Beaverdell
- Bridesville
- Grand Forks
- Greenwood
- Midway
- Rock Creek
- Rural Grand Forks
- Westbridge

3. What type of employment do you have? Select all that apply.

- | | |
|--|---|
| <input type="checkbox"/> Full-time, year round | <input type="checkbox"/> Self-employed, full-time |
| <input type="checkbox"/> Full-time, seasonal | <input type="checkbox"/> Self-employed, part-time |
| <input type="checkbox"/> Part-time, year round | <input type="checkbox"/> Casual and/or on-call |
| <input type="checkbox"/> Part-time, seasonal | |

4. How many hours on average do you work a week?

- Less than 15 hours per week
- 16 to 21 hours per week
- 22 to 30 hours per week
- 31 to 40 hours per week
- 41 to 50 hours per week
- More than 51 hours per week
- Prefer not to answer

5. What was your 2018 household income, before taxes?

- Under \$15,000
- \$15,000 to \$29,999
- \$30,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$150,000
- Over \$150,000
- Prefer not to answer

6. Are you employed in your preferred career/ vocation in your community?

- Yes
- No

7. What are the most important things the Boundary region can do to increase employment opportunities for residents? Select all that apply.

- Improved transit
- Increased education
- Affordable child care
- Flexible work hours
- Other (please specify)
- Support for self-employment
- Apprenticeship opportunities
- Affordable/Attainable housing

Housing

Housing is a key factor in our overall well-being.

8. Are you a full-time resident in the Boundary region?

- Yes-this is primary residence is and I live here for more than 6 months of the year
- No-this is my secondary, holiday or week-end home is and I live here less than 6 months per year

9. Which of these descriptions best fits your personal family situation at present?

- Living alone
- Living with spouse/partner, with no children at home
- Living with parents/extended family
- Living with spouse/partner, with children at home
- Living with friends, co-workers or roommates
- Single parent with children at home

Other (please specify)

10. What type of home do you live in?

- Rented by you, or someone you live with
- Shelter or group home
- Owned by you, or someone you live with
- Co-op housing/strata
- Staff housing
- Health or specialty care facility
- Other (please specify)

11. How would you describe your home?

- Single dwelling house not attached to any other dwelling or structure
- Apartment
- Single dwelling house attached to another structure e.g. church, store
- Mobile Home
- Duplex
- Other moveable structure eg tent, RV
- Condominium or Townhouse
- Other (please specify)

12. How long have you lived in your current home?

- Less than 1 year
- 2 to 5 years
- 5 to 10 years
- More than 10 years

13. Approximately what % of your gross monthly income goes to housing costs at your primary residence? (mortgage, rent, utilities, property tax, insurance)

- Less than 30%
- 31% to 40%
- 41% to 50%
- More than 51%
- Don't know
- Prefer not to answer

14. What is your top priority to increase safe and acceptable housing in your community?

- Affordable/attainable housing
- Housing for rent
- Housing for sale
- Available housing where pets are allowed
- Other (please specify)
- Stricter regulations for short-term rentals
- Supportive housing
- Extended care living

15. Are short-term rental/vacation rentals (e.g. Airbnb) in your community a threat to housing needs?

- Yes
- No
- Don't know

Belonging and Quality of Life

16. What was your primary reason for moving here?

- | | |
|--|--|
| <input type="radio"/> Job opportunity | <input type="radio"/> Natural environment |
| <input type="radio"/> Followed spouse/partner here | <input type="radio"/> Culture and arts |
| <input type="radio"/> To be near family/friends | <input type="radio"/> Cost of living |
| <input type="radio"/> Lifestyle | <input type="radio"/> I was born here, moved away, and came back |
| <input type="radio"/> Recreation opportunities | <input type="radio"/> I have always lived here |
| <input type="radio"/> Other (please specify) | |

17. I feel I belong, and am accepted by my community.

- | | |
|--|---|
| <input type="radio"/> Strongly agree | <input type="radio"/> Disagree |
| <input type="radio"/> Agree | <input type="radio"/> Strongly disagree |
| <input type="radio"/> Neither agree nor disagree | |

18. I have the opportunity to take part in and influence community decisions.

- | | |
|--|---|
| <input type="radio"/> Strongly agree | <input type="radio"/> Disagree |
| <input type="radio"/> Agree | <input type="radio"/> Strongly disagree |
| <input type="radio"/> Neither agree nor disagree | |

19. Please indicate if you have done any of the following in the Boundary region in the last 12 months.

Select all that apply.

- | | |
|--|--|
| <input type="checkbox"/> Participated in a neighbourhood/community project e.g. neighbourhood clean-up or community garden | <input type="checkbox"/> Donated to a local community cause |
| <input type="checkbox"/> Attended a neighbourhood or community meeting | <input type="checkbox"/> Provided unpaid help to a non-family member or friend |
| <input type="checkbox"/> Visited your local library, community centre or recreation facility | <input type="checkbox"/> Visited a park |
| <input type="checkbox"/> Attended a cultural event or local festival | <input type="checkbox"/> Purchased something at a local farmers market |
| <input type="checkbox"/> Signed a petition | <input type="checkbox"/> I have not participated in any community activity in the last 12 months |
| <input type="checkbox"/> Volunteered your time | |
| <input type="checkbox"/> Other (please specify) | |

20. What challenges affect your quality of life here in the Boundary region. Select all that apply.

- | | |
|--|---|
| <input type="checkbox"/> I do not have enough money to take part in the activities that I enjoy | <input type="checkbox"/> I have experienced discrimination where I work and/or live |
| <input type="checkbox"/> I am socially isolated and feel lonely | <input type="checkbox"/> There is a lack of adequate child care |
| <input type="checkbox"/> I have inadequate housing | <input type="checkbox"/> I have trouble getting adequate health services |
| <input type="checkbox"/> I have difficulty feeding myself and/or my family | <input type="checkbox"/> I cannot drink the water from my tap at home |
| <input type="checkbox"/> I do not get enough exercise and/or participate in too few leisure activities | <input type="checkbox"/> There are not adequate training courses for me to qualify for and get a better job |
| <input type="checkbox"/> There is a lack of transportation available to me | <input type="checkbox"/> Distance from family/friends |
| <input type="checkbox"/> My employment is unstable and/or seasonal | <input type="checkbox"/> I have no challenges |
| <input type="checkbox"/> Other (please specify) | |

21. Have you considered permanently leaving the Boundary region?

- Yes
- No
- If yes, please tell us why?

Getting Around

22. My primary method of transportation is:

- Driver in a personal vehicle
- Passenger in a personal vehicle
- Bus
- Hitch-hiking
- Other (please specify)
- Ride Share
- Bicycle
- Walking

23. A lack of transportation regularly affects my ability to get to appointments or work.

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

24. A lack of transportation regularly affects my ability to get to social/community events with family/friends?

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

25. Do you commute to a community for work different from where you live?

- Yes
- No
- If yes, please specify from where to where do you commute

Education and Learning

26. What is the highest level of education you have obtained?

- Grade school and/or partial high school
- High school diploma or equivalent
- Partial university or college
- Community college diploma or certificate
- Diploma or certificate from trade, technical or vocational school
- University undergraduate degree
- University post-graduate degree at the master's level
- University post-graduate doctoral degree (PhD)
- Prefer not to answer

27. Are you content with your level of education?

- Yes
- No
- Please tell us why?

28. What are the barriers to obtaining additional training and education in the Boundary region?

- Limited course offerings
- Courses are offered at limited times and/or locations
- Limited personal time available
- Affordability
- Childcare
- There no barriers to obtaining additional training and education
- Connectivity
- Don't know
- Other (please specify)

29. Do you consider yourself a life-long learner?

Yes

No

Environment

30. What is your top priority to improve/maintain the environment in the Boundary region?

- Preservation of land
- Sustainable resource extraction (forestry and mining)
- Backcountry, wildlife & wetland management
- Educating residents and visitors to be responsible environmental stewards
- Options for alternative and clean energy
- Other (please specify)
- Recycling & compost programs
- Clean drinking water
- Air quality
- Waste management

31. I regularly recycle and compost to reduce waste and energy use.

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

32. Boundary region communities are doing enough to help preserve/enhance the environment.

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

Safety and Emergency Planning

33. Emergency personal are well-prepared to help me if the need arises.

- Strongly agree
- Disagree
- Agree
- Strongly disagree
- Neither agree nor disagree

34. Are you prepared in the event of an emergency evacuation notice?

- Yes
- No
- If no, why?

35. The Boundary region is adequately prepared for emergencies.

- Strongly agree
- Disagree
- Agree
- Strongly disagree
- Neither agree nor disagree

36. Do you feel safe in your community?

- Yes
- No
- Somewhat
- Don't know

37. What is your main concern or fear? Choose one.

- Traffic/road safety
- Violent attack
- Sexual assault
- Wildlife
- Robbery
- Other (please specify)
- Isolation
- Harassment/verbal assault/bullying
- Natural disasters, flooding and wildfires
- No concerns

Food Security

38. I have adequate nutritious food to meet my dietary needs?

- Strongly agree
- Disagree
- Agree
- Strongly disagree
- Neither agree nor disagree

39. I am able to afford the groceries I would like to purchase such as meat, and fresh, local, organic fruits and vegetables.

- Strongly agree
- Disagree
- Agree
- Strongly disagree
- Neither agree nor disagree

40. The cost of feeding myself and/or my family is reasonable in my community.

- Strongly agree
- Disagree
- Agree
- Strongly disagree
- Neither agree nor disagree

41. I regularly support local farmers by purchasing locally produced foods.

- Strongly agree
- Disagree
- Agree
- Strongly disagree
- Neither agree nor disagree

42. I am able to grow my own vegetables in my garden (or community garden) if I choose to.

- Yes
- No

43. I rely on the food bank to meet my basic needs?

- Yes
- No
- Prefer not to answer

44. What is your top priority to increase access to enough nutritious food?

- Programs to improve food growing skills
- Support for agricultural producers of locally grown foods
- Urban gardening
- Other (please specify)

Health and Wellness

45. I have a local family doctor.

Yes

No

46. I have the financial resources to meet my current health care needs.

Yes

No

47. I have transit to and from medical appointments if needed.

Yes

No

48. I have access to mental health services locally if needed.

Yes

No

Don't know

49. I have access to addiction services locally if needed.

Yes

No

Don't know

50. I have access to specialist health care services locally if needed.

Yes

No

Don't know

51. I exercise:

Every day

A few times a week

About once a week

A few times a month

Once a month

Less than once a month

Boundary Communities Vital Signs 2019

Demographics

If you could please give us some personal information.

As with all responses they will be kept strictly confidential.

52. Which community do you live in, or closest to?

- Christina Lake
- Beaverdell
- Bridesville
- Grand Forks
- Grand Forks (Area D)
- Greenwood
- Midway
- Rock Creek
- Westbridge

53. How long have you been a resident of the Boundary region?

- Less than 1 year
- 1 to 5 years
- 6 to 10 years
- 11 to 16 years
- More than 17 years
- Prefer not to answer

54. How many people live in your household?

- one
- two
- three
- four
- five
- six
- seven or more
- prefer not to answer

55. Please identify your age range?

- | | |
|--------------------------------|--|
| <input type="radio"/> Under 18 | <input type="radio"/> 45-54 |
| <input type="radio"/> 19-24 | <input type="radio"/> 55-64 |
| <input type="radio"/> 25-34 | <input type="radio"/> 65+ |
| <input type="radio"/> 35-44 | <input type="radio"/> Prefer not to answer |

56. With which gender do you identify?

- Female
- Male
- Non-binary
- Prefer not to answer

57. Do you identify as Indigenous? (First Nations, Metis, Inuit)

- Yes
- No
- Prefer not to answer

58. What is your martial status?

- | | |
|----------------------------------|--|
| <input type="radio"/> Single | <input type="radio"/> Separated |
| <input type="radio"/> Married | <input type="radio"/> Divorced |
| <input type="radio"/> Common Law | <input type="radio"/> Prefer not to answer |

Final Question

59. Which topic is the most important to you?

- Work and earning
- Housing
- Belonging and quality of life
- Getting around
- Learning and education
- Environment
- Safety and emergency planning
- Food security
- Health and wellness
- Other (please specify)